

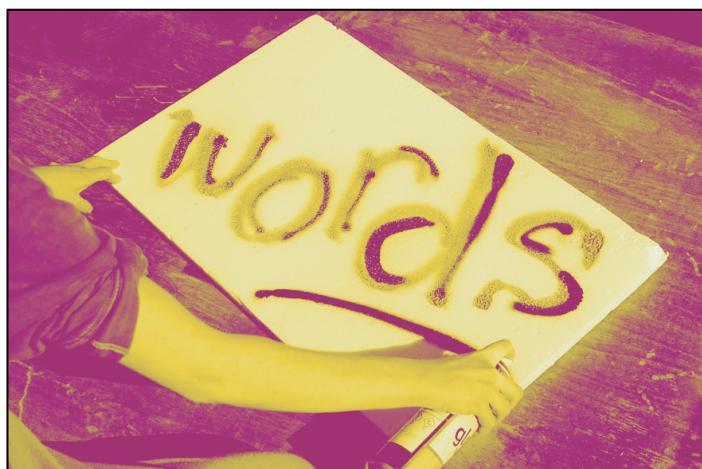


Your Story – Our Story

A Learning Resource for Teachers & Practitioners

The following activities have been put together to accompany the four videos made by Storyopolis as part of the creative journaling project, Your Story - Our Story.

This is Resource Sheet 2 accompanies the Your Story - Our Story 'Words' video.



Resources Sheet 2

Creative Journaling: Words

Exercise 1: 'Tuning In' Poem

Ask students to sit in a comfortable position and 'tune in' to their surroundings, before writing down what it is they can sense, including:

- sight
- sound
- smell
- touch
- taste

Encourage students to bring in similes, metaphors etc if they want to. Students can turn then their writing into a poem by beginning each line with 'It was...' or 'There was...' (or even something like 'What if there was...?')

(Example): 13th April 2021

What if there was the classroom like a box full of people.

What if there was the sound of pens scraping.

What if there was the smell of disinfectant from the hallway (etc)

Exercise 2: Free Writing

Take 3 minutes to free write. Write about anything you want. You do not have to show anyone what you have written. Free writing can be good for exploring your own personal truths and views. If there is a paper shredder, students can then shred it in the shredder when they are finished.

*Me again, allow me to pick up where I left off
The biggest phenomenon and I'm Picasso with the pen
- Little Simz*



Links & info for Practitioners:

- Links to graffiti fonts: <https://www.1001fonts.com/graffiti-fonts.html>
- **Hip hop** is a way of seeing, celebrating, experiencing, understanding, confronting, and commenting on life. Hip-Hop believes that people can take control of their lives through self-knowledge and self-expression:

<https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/mediaand-interactives/media/hip-hop/hip-hop-a-culture-of-vision-and-voice/>

- Join Stormzy, international footballer Eniola Aluko (They Don't Teach This) and [#MerkyBooks](#) authors Chelsea Kwakye & Ore Ogunbiyi (Taking Up Space) and Derek Owusu (That Reminds Me) in a wide-ranging discussion on finding your voice and using it:
<https://www.youtube.com/watch?v=JqiHNKzOH8A>

"Everybody's voice is individual to them.. even if you're saying the same thing you can be saying it in different ways that are personal to you. And I think without it, honestly, we can't change the world.. that sounds like a really grand big statement but it's true.. I think if you look at the people who've actually changed the world at different points in their life - whether they're young, whether they're old - they've done it by saying something that's real to them.. that's made everybody else around them think."

- Eniola Aluko, (Footballer, academic and author of *They Don't Teach This*)