



# Your Story – Our Story

## Workshops for solo or group work

Creative Practitioner - Bill Taylor-Beales

### Exercise 01 - Perception:

*To accompany Your Story - Our Story video – exercise 01*

### Preparation:

*Video to show on display – writing/drawing materials /paper*

### The Riddle

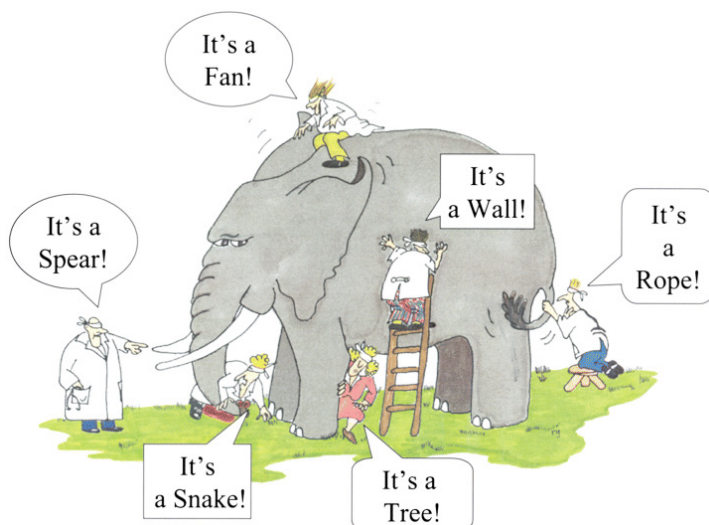
Six of you have your eyes covered with a scarf so that you cannot see – you are led into a room and asked to hold out your hand and as you move forward you each make contact with the single object in the room.

1. The first person thinks it is a wall
2. The second person thinks it is a tree trunk
3. The third person thinks it is a large fan
4. The fourth person thinks it is a spear
5. The fifth person thinks it is a rope
6. The sixth person thinks it is a snake

### **What is the object in the room?**

*Press pause here and see if anyone has the answer*

This is actually a take on an old Hindoo fable – the object they are describing is an elephant.



|                                                                                                            |
|------------------------------------------------------------------------------------------------------------|
| Wall = side of body<br>Tree trunk = leg<br>Large fan = ear<br>Spear = tusk<br>Rope = tail<br>Snake – trunk |
|------------------------------------------------------------------------------------------------------------|

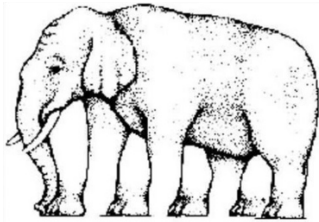
The moral of this story is that none of us have the whole Story – none of us has all the answers - we all work best when we are communicating and sharing our experiences.



### **Exercise 01 - Point of view:**

Scroll through the following stills and pause on each one to see if we all actually see the same thing or agree on what they are?

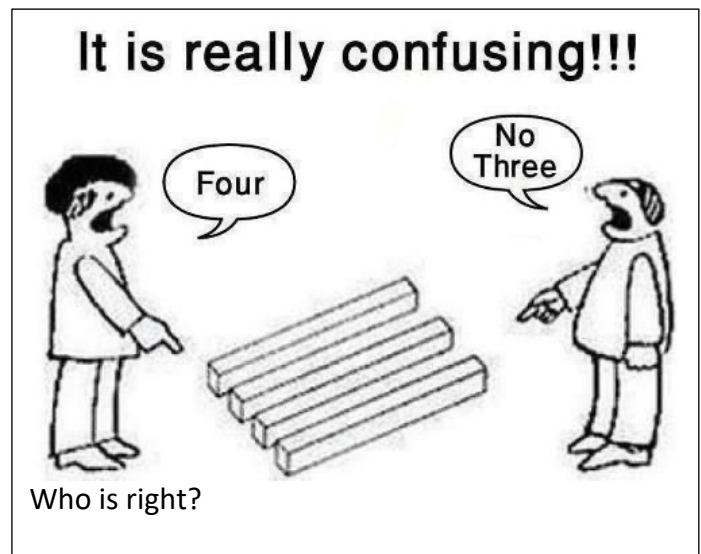
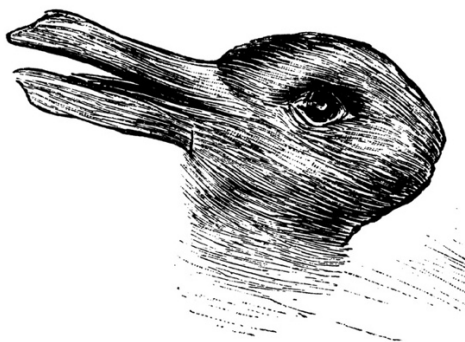
How many legs?



Old lady with head scarf looking sideways – young woman looking away?



Ducks head or rabbits head?



Our story is our day to day life journey and our story will change from day to day - year to year and many outside factors will change the way we think and our opinions.

Understanding our own story and how we can creatively communicate it is a vital life skill as we progress through life.